Spiritual Health Calendar

For residents and families. Contact Spiritual Health at 204-833-1844 with any questions.

Worship Center Events - NOVEMBER 2026

The Worship Center is located on the 2nd floor beside the Tower elevators.

Tuesday	Nov. 3	2:00 PM	Roman Catholic Mass
Friday	Nov. 6	10:30 AM	Interdenominational Service
Tuesday	Nov. 10	2:00 PM	Roman Catholic Mass
Thursday	Nov. 12	11:00 AM	Remembering our Loved Ones
Friday	Nov. 13	10:30 AM	Interdenominational Service
Tuesday	Nov. 17	2:00 PM	Roman Catholic Mass
Friday	Nov. 20	10:30 AM	Interdenominational Service
Monday	Nov. 23	2:00 PM	Smudge
Tuesday	Nov. 24	2:00PM	Roman Catholic Mass
Wednesday	Nov. 25	2:00 PM	Sing Along
Friday	Nov. 27	10:30 AM	Interdenominational Service

Other Spiritual Events Celebrated in November

November 8 – Diwali (Hindu, Jain and Sikh)

Known as the Festival of Lights, Diwali is associated with a story about the destruction of evil by Lord Vishnu.

November 11 – Birth of Bahá'u'lláh (Bahá'í)

The anniversary of the Birth of Bahá'u'lláh the founder of the Bahá'í faith.

November 24 – Birth of Guru Nanak Dev Ji (Sikhism)

Founder of the Sikh faith and first of the ten gurus, Guru Nanak Dev Ji was born in 1469 CE, was an accomplished poet and 974 of his hymns are contained in the Sikh scriptures.

November 29 – Advent begins (Christian)

Advent is the period of preparation before Christmas.

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