

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

## TOWER 7 RECREATION CALENDAR

					<p>10:00 Church Service (2<sup>nd</sup> Floor)  1:30 Name 10 Categories  2:00 Off Unit Walks  2:45 Table Top curling  6:30 Finish the Phrase</p> <p><small>Diwali (Hindu)</small></p>	
<p>1:30 Winter Reminiscing</p> <p><small>Daylight Saving Time Ends</small></p>	<p>1:30 Fun and Fitness with Bea and Mel</p> <p>6:30 Entertainment with Katie McDonald</p>	<p>1:30 Curling</p> <p>3:15 Reminiscing</p> <p>6:30 Travelling sensory cart</p>	<p>9:00 1:1 visits (Scheduled)</p> <p>1:15 Puzzles with Mel</p> <p>2:30 Balloon Toss</p>	<p>9:30 Art and Music</p> <p>1:00 Off Unit Walks</p> <p>2:00 Sensory room (Scheduled)</p> <p>2:45 Bean Bag Toss</p>	<p>10:00 Church Service (2<sup>nd</sup> Floor)</p> <p>1:30 1:1 Visits (Scheduled)</p> <p>1:30 Bean Bag Toss</p> <p>6:30 Susie Q Sing a long</p>	
<p>1:30 Remembrance Day History</p>	<p><i>Remembrance Day</i> </p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>1:30 Bowling</p> <p>2:45 Hand Therapy</p> <p>6:30 Reading</p>	<p>9:00 1:1 visits (Scheduled)</p> <p>1:15 Art and Music</p> <p>2:30 Off Unit Walks</p>	<p>9:30 Puzzles with Mel</p> <p>1:00 Travelogue – Cleveland, Ohio</p> <p>2:00 Sensory Room (Scheduled)</p> <p>3:00 Music and relaxation</p>	<p>10:00 Church Service (2<sup>nd</sup> Floor)</p> <p>1:30 Winter Trivia</p> <p>2:00 Chicken Toss</p> <p>2:30 Winter/Christmas decorating</p> <p>6:30 Memory Co – Matching</p>	
<p>1:30 Bean Bag Toss</p>	<p>1:30 Fun and Fitness with Bea and Mel</p> <p>6:30 1:1 Visits (Scheduled)</p>	<p>1:30 Curling</p> <p>3:15 Reminiscing</p> <p>6:30 Travelling sensory cart</p>	<p>9:00 1:1 Visits (Scheduled)</p> <p>1:15 Puzzles with Mel</p> <p>2:30 Off Unit Walks</p>	<p>9:30 Art and Music</p> <p>1:00 Fortune Roulette</p> <p>1:30 I love Lucy show</p> <p>2:00 Sensory Room (Scheduled)</p>	<p>10:00 Church Service (2<sup>nd</sup> Floor)</p> <p>2:00 Birthday Party with Cal Wookey</p> <p>6:30 Tabletop curling</p>	
<p>1:30 Coffee and Conversation</p>	<p>1:30 Fun and Fitness with Bea and Mel</p> <p>6:30 Family Feud</p>	<p>1:30 Bowling</p> <p>3:15 Hand Therapy</p> <p>6:30 1:1 Visits (Scheduled)</p>	<p>9:00 1:1 Visits (Scheduled)</p> <p>1:15 Arts and Music</p> <p>2:30 Reminiscing</p>	<p>9:30 Puzzles with Mel</p> <p>1:30 Off Unit Walks</p> <p>2:00 Sensory Room (Scheduled)</p> <p><small>Thanksgiving Day</small></p>	<p>10:00 Church Service (2<sup>nd</sup> Floor)</p> <p>1:30 Christmas/Winter decorating</p> <p>2:00 Chicken Toss</p> <p>6:30 Music Melodies</p>	

If you have any questions or concerns, please contact Melanie at 204-831-2564. Coverage support – Please call Meagan at 204-831-2998