


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ACTIVITIES MAY BE SUBJECT TO CHANGE	2 1:30 Fun and Fitness with Bea and Mel 6:30 Christmas/Winter decorating	3 1:30 Curling 3:15 Music and relaxation 6:30 Christmas/Winter decorating	4 9:00 1:1 Visit's (Scheduled) 1:30 Name 10 categories 2:00 Bean bag toss	5 1:1 Visit's	6 10:00 Church Service (2 nd Floor) 1:30 Puzzles 6:30 Tabletop curling	7
8	9 1:30 Fun and Fitness with Bea and Mel 6:30 Puzzles	10 1:30 Bowling 3:15 Music and relaxation 6:30 Friendly Visits	11 1:1 Visit's	12 7:30 Pancake breakfast 1:15 Travelogue: Montreux Switzerland 2:15 Sensory Room (Scheduled)	13 10:00 Church Service (2 nd Floor) 1:30 Off unit walks 6:30 Christmas music sing a long (Susie Q)	14
15	16 1:30 Fun and Fitness with Bea and Mel 6:30 Hand Therapy	17 1:30 Christmas craft 6:30 Evening chats with Music	18 9:00 1:1 Visit's (Scheduled) 2:00 Christmas Caroling event (Chads Bar)	19 12:00 Tower 7 Christmas Lunch	20 10:00 Church Service (2 nd Floor) 2:00 Friday morning band 6:30 Bocce Ball	21 <small>Winter Begins</small>
22 Christmas reminiscing and refreshments	23 1:30 Fun and Fitness with Bea and Mel 6:30 Christmas Trivia	24 1:30 Christmas sing a long (Susie Q) 6:30 Christmas Music/Treats	25 <i>Merry Christmas</i> <small>Christmas Hanukkah Begins</small>	26  <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10:00 Church Service (2 nd Floor) 1:30 Christmas cookie visits 6:30 Word Searches	28
29	30 1:30 Fun and Fitness with Bea and Mel 6:30 New years trivia	31 1:30 New year's party (LLC) 6:30 New years travelling sensory cart <small>New Year's Eve</small>	<h1>December 2024</h1> <h2>Tower 7 Recreation Calendar</h2>			

If you have any questions or concerns please contact Melanie at 204-831-2564. Coverage support please contact Meagan at 204-831-2998