



PROVINCE OF MANITOBA

PROCLAMATION

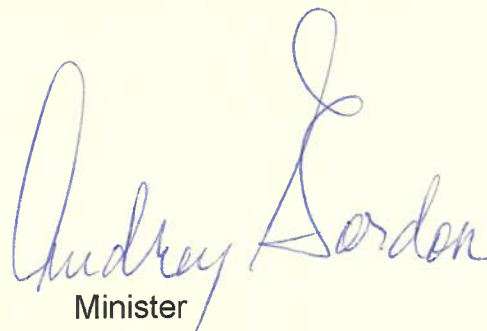
Therapeutic Recreation Month

- WHEREAS** individual and organized forms of recreation and the use of leisure time are vital to the lives of all Manitobans for their physical, intellectual, emotional, social and/or spiritual wellness; and
- WHEREAS** therapeutic recreation professionals in hospitals, health centres, adult day programs, personal care homes, and community recreation agencies provide programs grounded in emotional, physical, social, intellectual and spiritual wellness throughout Manitoba; and
- WHEREAS** the purpose of therapeutic recreation is to assist in eliminating barriers to leisure and recreation, developing leisure skills and attitudes, supporting community re-integration and optimizing leisure involvement to promote overall wellness; and
- WHEREAS** proclaiming Therapeutic Recreation Month in Manitoba recognizes the value of recreation and leisure experiences for all people as a means to:
- improve well-being and quality of life
 - increase awareness of therapeutic recreation professionals
 - acknowledge that therapeutic recreation professionals provide evidence-informed interventions that are assessed, planned, implemented, evaluated and documented to provide patient-centered care
 - acknowledge the contributions of therapeutic recreation professionals working within health care and community

Now therefore let it be known that I, **Audrey Gordon, Minister of Health** for the Province of Manitoba, do hereby proclaim February 2023 as

Therapeutic Recreation Month

in Manitoba and do commend its thoughtful observance to all the citizens of our province.


Minister

