

SPIRITUAL HEALTH CALENDAR

For Residents. Contact Spiritual Health at 204-833-1844 for questions



I give myself permission to prioritise my health and well being



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
				Vesak(Buddhism) Beltane(Wicca)	Interdenominational Worship @ 10:30 am	12 TH Day of Ridvan(Bahai')
3	4	5	6	7	8	9
	Lag BaOmer(Jewish)	Roman Catholic Mass @ 2:00 pm Fr. Barry			Interdenominational Worship @ 10:30 am	
10	11	12	13	14	15	16
Mother's Day New Moon		Roman Catholic Mass @ 2:00 pm Fr. Barry		Ascension(Christianity)	Interdenominational Worship @ 10:30 am	Sanja Matsuri(Shinto))
17	18	19	20	21	22	23
Indegenous Awareness Week Azamat(Bahai')	Victoria Day	Roman Catholic Mass @ 2:00 pm Fr. Barry		Smudge, 2:00pm Eve of Shavuot(Jewish)	Interdenominational Worship @ 10:30 am	
24	25	26	27	28	29	30
Buddha birthday(Buddhism) Pentecost(Christian W)	Hajj(Islam)	Roman Catholic Mass @ 2:00 pm Fr. Barry	Eid-al-Adha(Islam) Sing Along , 2 :00pm	Ascension of Baha'u'llah(Baha'i)	Interdenominational Worship @ 10:30 am	
31						
Pentecost(Christian E) Trinity Sunday (Christian E)						

PLEASE NOTE WEEKLY CATHOLIC MASS & INTERDENOMINATIONAL WORSHIP OPEN TO RESIDENTS/PATIENTS FROM ALL UNITS.