

Moment 3 - After blood and body fluids exposure risk

Goal: Whenever you do a task that could have exposed you to blood and/or body fluids, non-intact skin, and mucous membranes, you perform hand hygiene.

- Remember that after any of these activities, gloves must be removed and hand hygiene performed prior to moving to the next activity

Why is this moment so important? Helps protect residents, staff and visitors from harmful microorganisms. Helps to prevent environmental contamination with harmful microorganisms

Moment 3 examples:

- After a dressing change
- After providing oral care to a resident
- After emptying a foley catheter
- After procedures on the same patient where soiling of hands is likely, to avoid cross-contamination of body sites
- After cleaning up a body fluid
 - Includes sputum, urine, stool, blood, etc.
- After taking a blood specimen
- After assisting with peri-care
- After cleaning the toilet
- After handling dirty laundry
- After using a tissue to wipe your nose
- After contact with non-intact skin
- After removing gloves

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Hand Hygiene Clean Wave Audit- Moment 3

3 Hand Hygiene Before Moment Three

Pick each activity below and watch it one time and record results. **Turn page over for examples**

Was Hand Hygiene performed after a blood & body fluids exposure risk?	ABHR	Soap & Water	Missed
Was Hand Hygiene performed after a blood & body fluids exposure risk?	ABHR	Soap & Water	Missed
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(ABHR = Alcohol Based Hand rub)

Steps in the audit process: *Step 1* – Observe a Team Member. *Step 2* - Note if they do a task that could have exposed them to blood and/or body fluids (turn page over for examples). *Step 3* - Record if they performed hand hygiene or missed a hand hygiene opportunity after this task.

Goal: To recognize Moment #3 in action.

Name: _____ Date: _____ Unit: _____

Position: Nursing HCA Unit clerk Other: _____

Note: Please submit entries into the 'CLEAN WAVE' ballot box (Yellow sign on lid) located on each unit

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