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December 11, 2019

Dear Patients, Residents and Families of Deer Lodge Centre,

This letter is being sent as a Call to Action to engage Residents and Families in our CLEAN WAVE hand hygiene campaign at Deer Lodge Centre. Since Sept 16, 2019, all DLC Team members have been focused on improving hand hygiene at key times during care.

Why is this so important? Hand hygiene has been shown to reduce the spread of infections. Your partnership and support is needed to reach these goals.

## Step 1: Please clean your hands at required moments:

- Prior to: preparing, serving or eating food/drinking; putting on creams; lotions or make-up on your face
- After using the toilet; coughing/sneezing; preparing/serving food; caring for or petting an animal
- Prior to group activities (e.g. physio, church, etc.)
- Perform hand hygiene upon entry into DLC
- Additional info for families:

oprior to greeting your DLC family member

obefore providing care (e.g., assisting with meals, repositioning)

You should also clean your hands if you think they are not clean or if they are visibly dirty.

## Step 2: Resident and Families CLEAN WAVE Participation:

Please give a CLEAN WAVE ballot (attached) to a DLC Team member when you see them cleaning their hands before or after resident care. Additional ballots can be found at the nursing desk on each of the units. Please ask a Team member for assistance to locate.

Sincerely,

Kathleen Klaasen Chief Nursing Officer

Dr. Nancy Dixon Chief Medical Officer