

December 18, 2020

Dear Sir or Madam,

We are writing to advise you that a COVID-19 outbreak has been declared on Lodge 4 West at Deer Lodge Centre. 2 patients / 0 staff have tested positive. Because your health and safety are very important to us, we want to update you on the **activity that is underway to address this outbreak:**

- No new admissions are being accepted onto this unit.
- Patients will be asked to stay in their rooms outside of required treatments and expected to wear their masks as much as possible.
- We continue to use cleaning products known to be effective against this virus and have enhanced the frequency of cleaning on this unit.
- Staff continue to wear personal protective equipment to protect themselves and prevent spreading the virus within the unit.
- Staff will always sanitize their hands on the way in to care for patients. If patients don't see this happen please ask them if they have done their hand hygiene.
- Group activities have been cancelled although one-on-one sessions for occupational therapy, physical therapy, etc. will continue.
- To maintain physical/social distancing, all common areas on the unit are closed.

**Please monitor yourself for new symptoms**, and tell your health-care team if you develop any of the symptoms listed below:

Fever/ Chills	Vomiting or diarrhea	Sore throat/ hoarse voice
Cough	Muscle aches	Conjunctivitis (pink eye)
Shortness of breath	Headache	Skin rash of unknown origin
Loss of Smell	Runny nose	Nausea or loss of appetite
Fatigue		

**What can patients do to prevent the spread of COVID-19 while still at Deer Lodge Centre?**

- Remain in your room.
- Wear your mask as much as possible, and always when you have contact with your healthcare provider, or if you have visitors.
- Keep your hands clean, especially after using shared spaces such as bathrooms, and before and after eating and drinking.

- Avoid touching your eyes, mouth, and nose. This is how the virus enters your body.

**If a patient has been told they may have been a COVID-19 contact (but have not had and recovered from COVID-19) they need to be aware of the following when able to be discharged home:**

- Please self-isolate (from public places as well as from other members of your household) for the next 14 days and closely monitor yourself for any symptoms listed above. The Health Care Team will provide you with the Public Health instruction sheet on how you can safely do this in the community.
- Members of your household do NOT have to self-isolate however, they should minimize contact with others as much as possible for the period that you are self-isolating and must self-isolate if anyone in the household develops symptoms.
- For more information about self-isolation after you are discharged home, please visit [www.gov.mb.ca/asset\\_library/en/coronavirus/coronavirus\\_selfisolation.pdf](http://www.gov.mb.ca/asset_library/en/coronavirus/coronavirus_selfisolation.pdf) for further instructions.

**What can you do to prevent the spread of COVID-19 in the community (following your isolation period)?**

- Wear your mask when you are in an indoor setting outside of your home.
- Keep your hands clean, especially after using shared spaces such as bathrooms or before eating and drinking.
- Avoid touching your eyes, mouth and nose.
- Leave home for essential trips only

Thank you for your co-operation as we work to protect you, our staff and our community from COVID-19. If you have **any questions or concerns**, we are here for you. Please talk to your care team, the Unit Manager, or call the Client Relations Office at 204-831-2963. If you would like a status update on a patient or resident, please call our Patient / Resident Inquiries Hotline at 204-833-1760. We will work to get back to you as quickly as we can.

Sincerely,



Kevin A. Scott  
Chief Operating Officer